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# Magic Eyes: Vision Training For Children

simple tests and exercises to do at home



Leo Angart

## magic eyes

vision training for children



## Synopsis

Leo Angart runs workshops all over the world, helping people to regain their natural vision and throw away their glasses for good. He regularly encounters children whose eyesight is being adversely affected by their glasses or who don't really need glasses at all. In *Magic Eyes: Vision Training for Children* Leo shares his experience and explains what you can do to help transform your child's eyesight, eliminating the need for glasses. In *Magic Eyes* Leo Angart demystifies common eye conditions, explains the causes of these issues and suggests simple solutions you can try at home. These fun exercises can make children's eyes healthy and strong and eliminate the need for glasses. In fact with children it is actually quite easy to restore natural eyesight within a week or two. *Magic Eyes* also contains detailed explanations of, and exercises for: amblyopia (or lazy eye), anisometropia (when vision is different between the left and right eye), astigmatism (irregular shaping of the cornea), diplopia (double vision), hyperopia (far-sightedness), myopia (near-sightedness) and strabismus (turning in or out of the eye).

## Book Information

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